



Madiera

Marlins

2009

Everything you ever needed to know . . . plus more!

From the Swim & Dive Committee

Welcome to another exciting season with the Madeira Swim & Dive Team!

The parent meeting will be held at the pool on June 2nd from 6:00 - 7:00 p.m. This is your opportunity to meet the coaches and the Swim & Dive Committee and ask any questions. Also on June 2nd, we'll be hosting Swim Officials' and Dive Judges' clinics at our pool at 7:00 p.m. We strongly encourage parents to attend one of the clinics. We always need qualified Judges and Officials for our meets. This is a great way to learn more about the rules and how your children will be judged.

We are pleased to announce our staff for the season. Elena Halbeisen will be back for her 16th season. The dive program has been very strong under Elena, and we're looking forward to another outstanding year under her direction. Joy Feichtner will be joining us as head swim coach, bringing with her extensive swimming and coaching experience in both YMCA and summer team programs. Cassie Dorl is returning for her fourth year and will be joined by Amanda Smith as our assistant coaches. Amanda is currently mid-way through her college swimming career at Indiana University, having swum for the IHSC Wahoos and later at Indian Hill High School and IU.

Introducing - the Mini-Marlins, coached by our head swim coach, Joy! MSTC is adding a new swim team experience for our younger (8 and under) swimmers who may not be ready for the full swim season. Although not an official part of the MSTC Marlins, this program is intended to ease the transition of our young swimmers from lessons to swim team without the weekly evening meet commitment.

This year, we will be hosting B Swim Finals! This is a great fundraising opportunity for our team and club and we will be counting on every family to help!

The bulletin board is a great source of communication. Please check this area frequently for announcements. We will also use e-mail as a source of communication, so please be sure we have the e-mail address you check most often on file. We will have family folders near the bulletin board. Unclaimed ribbons will be placed in these folders. During non-practice times, these folders will be located in the office.

Our coaches are happy to talk with swim & dive parents before the early session or after the last session. If you have any questions for the Swim & Dive Committee, feel free to talk to us anytime, or email us at MSTCMarlins@yahoo.com.

Liz Keener, Emily Blackwelder, and Nancy Tomon

Dear MSTC Marlins and Parents

Welcome to the 2009 season - we are excited to get started!

All new swimmers will be required to participate in a swim test where one of the coaches will determine their ability to successfully participate on the team. Swimmers need to be capable of completing one full length (25M) using the crawl or freestyle technique and one full length (25M) on their back without touching the wall or pool floor. This will take place on the first day of practice.

Our goals for this season are:

1. **HAVE FUN!!** This year we have planned many exciting activities to promote team spirit.
2. **IMPROVEMENT!!** We will work toward technique improvements and stroke proficiency. We'd like everyone to set and meet some personal goal this season.
3. **TEAM UNITY!!** We are one team - The MSTC Swim and Dive Team. We will stress the importance of teamwork, and how to win and lose with grace.

PLEASE MARK YOUR CALENDARS with the list of important dates attached. We are especially interested in knowing any meet conflicts you may have ASAP. There will be sign-out sheets on the bulletin board for each meet; please be sure to place your name on the appropriate sign-out sheet if you have a conflict with a meet. **THIS IS VERY IMPORTANT!**

Let us know if you have any questions. We are looking forward to a successful and fun season . . .

Elena Halbeisen - Dive Coach
Joy Feichtner, Cassie Dorl, and Amanda Smith - Swim Coaches

Introduction

MSTC's Swim and Dive Team provides a wonderful opportunity for children of all ages. The purpose of the Team is to provide participants with a working knowledge of swim meets, strong basic stroke and diving skills, and encouragement for each member to challenge themselves to reach their personal best. While swimming and diving are individual sports, the team supports its individual members to enjoy the experience and excel on a personal level in a team setting.

Practice Groups

The team name is the Madeira Marlins. The team is divided into different practice groups based primarily on age. Practice times may be adjusted for individual swimmers/divers based on skill, at the discretion of the coaches. Groups are organized as (6&U - swim only), (8&U), (9-10), (11-12), (13-14), (15-18). See schedule on following page.

Team Uniforms

T-shirts and swim caps are provided to all swimmers and divers. Swimmers are expected to wear swim caps at all meets. Purchase of team suits is not mandatory. Kast-A-Way swimwear will be at the pool on May 16th to help with sizing. Suits will be available for purchase the day of the fittings. If you can't make the swim suit fitting at the pool, and you know your child's size, you can shop in person at Kast-A-Way in Mason, or order on line:

1. Log onto kastawayswimwear.com
2. click on TEAMS in the upper right corner
3. enter the login: MSC
4. enter the password: MADEIRA
5. start shopping...the team color is blue

Swim Meets

Swim/dive meets are generally scheduled on Thursdays (see schedule). Individual swimming/diving assignments are posted the day of the meet.

<u>Arrival Times</u>	<u>Dive</u>	<u>Swim</u>
Home Meets	2:45 p.m.	5:45 p.m.
Away Meets	3:15 p.m.	6:00 p.m.

Friday Ribbon Awards Ceremony

The meet awards ceremonies are held on Friday mornings following the meet. Juice and donuts can be purchased by the swimmers/divers. Ribbons earned the night before are passed out and special "Marlins of the Week" are recognized.

2009 Season's Important Dates

Saturday, May 16	Swim Suit Fitting & Registration @ Pool	10:00 a.m. - 1:00 p.m.
Saturday, May 23	Pool Opens	10:00 a.m.
Tuesday, May 26 - Friday, May 29	Afternoon Swim Practice 10 and under 11 and over	5:30 p.m. - 6:30 p.m. 4:00 p.m. - 5:30 p.m.
	Afternoon Dive Practice 10 and under 11 and over	4:30 p.m. - 5:30 p.m. 5:30 p.m. - 6:30 p.m.
Wednesday, May 27	Dive Judges' Clinic @ North Hills Swim Club	7:00 p.m. (tentative)
Monday, June 1	Regular Practice Begins (see attached schedule)	
Tuesday, June 2	Parent Meeting at Pool Swim Officials' Clinic at Pool Dive Judges' Clinic at Pool	6:00 p.m. 7:00 p.m. 7:00 p.m.
Thursday, June 11	Swim/Dive - Ivy Hills @ Madeira	
Saturday, June 13	Madeira Intra-Squad Mini-Meet (8&U)	9:00 a.m. - 10:30 a.m.
Monday, June 15	Swim Team Pictures	9:00 a.m.
Thursday, June 18	Swim/Dive - Mt. Lookout @ Madeira	
Saturday, June 27	Mini-Meet (Swim only) - 8 & under @ Montgomery (with Kenwood & Montgomery)	
Thursday, June 25	Swim/Dive - Madeira @ Kenwood	
Saturday, June 27	Swim & Dive Team Overnight & Poster Party @ Pool	8:00 p.m.-7:00 a.m.
Wednesday, July 1	Swim/Dive - Anderson @ Madeira	
Thursday, July 2	Regular morning practice	
Friday, July 3	No Swim or Dive Practices	
Thursday, July 9	Swim/Dive - Madeira @ Clifton Meadows	
Monday, July 13	"B" Diving Championships @ Kenwood "B" Swimming Championships @ Madeira ** EVERYONE HELPS **	
Tuesday, July 14	"A" Swimming Championship Preliminaries @ Keating	
Wednesday, July 15	"A" Swimming Championship Finals @ Keating	
Thursday, July 16	"A" Diving Championships @ TBD (8 & U and 15 & over)	
Friday, July 17	"A" Diving Championships @ TBD (9-10, 11-12, 13-14)	
Monday, July 20	Awards Banquet @ Pool	6 p.m. - 8 p.m.

Practice Schedules

Swimming and Diving group assignments are determined by the coaches based on age and skill level. Practice schedules are as follows:

Swimming

Monday - Thursday

(11-12, 13-14, 15-18)	7:45 a.m. - 9:00 a.m.
(9-10)	8:45 a.m. - 10:00 a.m.
(6&U, 7-8)	9:45 a.m. - 10:30 a.m.

*Friday**

(9-10, 11-12, 13-14, 15-18)	9:00 a.m. - 10:00 a.m.
(6&U, 7-8)	10:30 a.m. - 11:30 a.m.

Diving

Monday - Thursday

(9-10)	8:00 a.m. - 8:45 a.m.
(8&U)	8:15 a.m. - 9:00 a.m.
(11-12)	9:00 a.m. - 10:00 a.m.
(13-14, 15-18)	9:45 a.m. - 10:30 a.m.

*Friday**

(8&U, 9-10)	9:00 a.m. - 10:00 a.m.
(11-12)	10:30 a.m. - 11:30 a.m.
(13-14, 15-18)	10:30 a.m. - 11:30 a.m.

*Fridays: Meet Awards ceremony from 10:00 to 10:30 a.m. Divers and swimmers may purchase juice and donuts for 50¢.

Practice and Meet Requirements

Team Members and Parents

Although summer swimming and diving is a short seasoned "fun" sport, it is still a sport. Competition and practice should be taken seriously to the extent that participants are improving their ability to compete and learning more about the sport of swimming and diving, while having lots of fun!

Practice Requirements

- No swimmer/diver will be allowed to practice after June 1 without a completed registration form and paid team fees.
- Team members are expected to attend a minimum of three (3) practices per week. The practice week runs from Thursday - Wednesday. Any swimmer/diver attending the required number of practices is eligible to swim in that week's meet.
- If a swimmer/diver practices with a year-round team, those practices will count towards their attendance. However, please plan to attend Thursday morning practices in order to prepare for the meet (Please note: Only Joy and Elena may excuse a team member from these practices.)
- Swimmers should come prepared for practice - that means with goggles and caps.

Meet Requirements – Team Members

- All team members are expected to participate in ALL meets/events unless illness or vacation interferes. Please notify your coach if you will not be able to attend a meet by completing the sign-out sheet posted on the bulletin board **(no later than Sunday 6:00 p.m. prior to the meet)**.
- Every swimmer and diver should strive to do their best in each event in which they are entered. Whether they are competing in an Exhibition or Championship event, they are a member of the team and should be attempting to achieve their personal best.

Championships

- In the PPSL league, each team competes in two championship meets (known as "A" or "B" Finals) at the end of the season. Each team member will be signed up for only one of these championships as assigned by the coaches based strictly on their season's performance.
- To be eligible for Championships, a swimmer/diver must participate in at least two (2) meets.
- We expect all team members and parents to attend their assigned League finals for swim & dive. These meets at the end of the season help us determine our progress as a team, work toward future improvements, and represent our Club in the League - and are always a very fun and spirited meet!

Meet Requirements – Parents

We cannot stress enough that our parent support is the foundation of a successful season. It takes a lot of volunteers to run a swim/dive meet. With this in mind, we need each swim family to supply one parent to work all home meets (including B finals!!) and at least one away meet. If you have a diver, please plan to work at least one home meet (dive) and at least one away meet (dive). If these family requirements are not met, the swimmer/diver will not be able to participate in the "A" or "B" championships. Please be sure to sign in at the scorer's table at each meet to ensure you receive credit for working.

We appreciate your help in ensuring all of our children have a successful and fun swim season

Parent Volunteer Job Descriptions

Swim/Dive Meets

SWIM

8 and Under Age Group Organizer

The 8 and Under Age Group Organizers are just that - they organize the 8 and unders at the meets. Age Group Moms and Dads are given lane slips with the swimmers' names and events they are swimming. You will need to be sure the swimmers take their lane slips to the starting blocks and are lined up behind the proper block. This is a great job for someone who has an 8 and under swimming.

Clerk of Course Table

The clerk of course table is located at the corner of the pool where the coaches stand (by the diving well). This table will have one worker assigned for boys 9 and up and one worker for girls 9 and up. These volunteers will pass out the lane slips to the swimmers. Swimmers will be responsible for reporting to the clerk of course and then to the starting blocks.

Timers

Timers stand at the finish of each lane (one timer from each team; two timers per lane). Timers are responsible for timing swimmer and recording both times on the lane slip. A back-up timer is available in the event of a stopwatch malfunction or a missed watch start.

Place Judge

Place judges sit at the finish line and give a visual placing of 1st, 2nd, 3rd, 4th, 5th, and 6th place for each event. This is used as a backup for the watch times.

Scorers

Scorers take the lane slips after each event and average the two watch times to arrive at the official time for each swim. Places are then determined and recorded on the score sheet. Lane slips are then passed to the ribbon writers.

Ribbon Writers

Ribbon writers record information from the scorers on the appropriate ribbons. Ribbons are then sorted according to team.

Stroke and Turn Judge (Official)

Stroke and Turn Judges assure that swimmers are performing legal strokes during the competition heats. Any USS or Y certified official is automatically qualified for the PPSL. For others, a 1-1/2 hour training session will be given at MSTC on Tuesday, June 2, at 7:00 p.m. This is a great way to learn more about the sport and support your child's participation and learning. It also provides the best view of the action. We must provide at least 3 officials for each home meet, and at least two for each away meet.

Announcer

Announcers tell what events need to report to the clerk of course and starting blocks, and announce the score of the meet throughout the night.

Runner

Runners pick up lane slips from each lane after each heat and deliver the slips to the scorers' table.

Bake Sale

The Bake Sale job is to simply man the Bake Sale table during the meet. We have a Bake Sale at each of our Home meets to raise money for coaches' gifts at the end of the season. Each family should bring in a baked good for the sale at our Home meets.

DIVE

Announcer

Announcers give the order of divers, degree of difficulty, and scores.

Scorer

Scorers add up the judges' scores for each dive and transfer them to the score sheet.

Judges

Judges score the dives of all competitors in the meet. We must provide at least 3 judges for home meets and at least two judges for away meets. This is a great way to learn more about the sport and support your child's participation and learning. It also provides the best view of the action. There will be a 1 hour judges' clinic held at MSTC on Tuesday, June 2 at 7:00 p.m.